



Let's talk!

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Whitespace Management Consulting Pte Ltd

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The Future of Me

*AN ACTION PLANNING
WORKSHOP TO DISCOVER
YOUR FUTURE CAREER*

*"Fear comes from
uncertainty; we can
eliminate the fear within us
when we know ourselves
better."*

Bruce Lee

“

**FINDING THE
ALIGNMENT BETWEEN
WHO YOU ARE AND
YOUR CAREER CHOICE**



OBJECTIVES

1. Discover who your core self is and your motivation
2. Discover the healthy and unhealthy sides of you
3. Use this data to discover a career that is aligned with the highest state of your natural self

VIRTUAL WORKSHOP THREE HALF DAYS PLUS ONE 1:1 COACHING

Registration:

info@whitespace.com.sg

Course Fee:

S\$690 per person



WHO SHOULD ATTEND

- Those in a job for 3-5 years and unsure of where to go next
- Coaches, HR Practitioners and managers looking to help others figure out their next step in their career



What makes you happy or unhappy are signs to figure out a future aligned with highest potential.

CONTENT

MODULE 1:

- Understanding the 9 Core Types in Enneagram
- How do you understand and react to the world around you; and meet your needs.
- How do you discover your Inner Drive

MODULE 2:

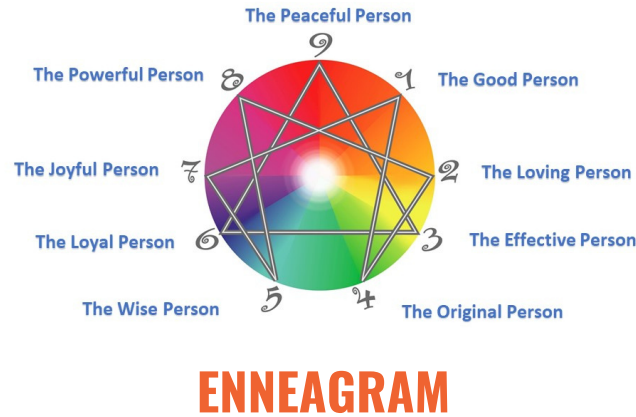
- What are the healthy and unhealthy state of your Type
- How can you maintain the desired level of health

MODULE 3:

- Discover your motivations and work styles through LAB Profiling
- Synergise your learning to map your career for your future

WHAT YOU WILL RECEIVE

- Comprehensive Enneagram Personality Report
- Understanding of your Type & how it translates into your work-life
- Action steps to develop yourself according to your levels of health
- What motivates you at work & what working style you prefer
- 1:1 coaching post-workshop on your personal LAB profile



Language And Behavioural Profiling

ENNEAGRAM & LAB PROFILE

Starting with WHY

Being clear on your inner drivers according to your Enneagram Type gives you a head start in understanding which career is the path of right direction for you.

Knowing the HOW

We have different working styles and motivations that is known through the LAB Profile.

ACTing on the plans

Going along the grains of how you work best, we can formulate an action plan to achieve the career of your dreams through our 1:1 coaching session.



FACILITATOR



Irene Chia
Executive Director & OD Coach
Whitespace Management Consulting
PCC, International Coaching Federation
Irene has two decades of OD experience partnering more than 100 organisations in private and public sectors to develop leaders, teams and culture to bring positive results and transformations.

As a learning organisation practitioner, Irene addresses the attitudes, beliefs, values and systemic structures to bring out the potentials in individuals and teams, helping them thrive in evolving landscapes.

To complement her group and one-on-one coaching, Irene uses generative conversations and psychometric assessments to anchor and draw insights for her approach. Her strength is in connecting with people and swiftly discerning the heart of the issue.

FACILITATOR



Kelyn Lee
Clarity Coach
The Happiness Momentum
Life Coach, ICI Association

Kelyn specialises in Neuro-linguistic Programming and Enneagram and is a LAB Profiling Practitioner.

As a Clarity Coach, she seeks to find clarity in any situation that you are in, whether you're thinking of next steps in life or feeling stuck in a career that doesn't fulfill you.

She brings perspective to her clients and is committed to walk with them on the journey towards their ultimate goals in life.

She believes that each of us have this amazing passion burning within us to create the life we are meant to live.

TESTIMONIALS

"By highlighting to me the personal resources already available to me, she very effectively guided me to make gradual shifts leveraging these positives. I wasn't aware that I had the "ingredients" in me all along, and very importantly, how to maintain them even before a "setback" gets to me. I am very grateful for the change she had inspired in me. As a social sector changemaker, this will profoundly help me multiply the change I myself would like to make. Thank you, Irene!"

Jason Ng
Deputy Executive Director

"Kelyn was extremely helpful, patient and insightful as a life coach. She helped to analyse my profile, and helped me to better understand the strengths and weaknesses of my profile. Based on that, Kelyn was able to shed more light on what kind of career I should be building. If you are seeking more direction in life, you should consider speaking to Kelyn."

Benedict Eoon
Lawyer

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