

# TEAM COACHING USING SOUNDWAVE VOICES

Influencing with the Brilliance of Your 9 Voices

Whitespace Management Consulting Pte Ltd www.whitespace.com.sg

# VIRTUAL WORKSHOP 2 DAYS 9 AM TO 5 PM INCLUDES ONE 1;1 SOUNDWAVE COACHING

For enquiries, please contact us at:

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Registration:
https://us02web.zoom.us/
meeting/register/tZEudu6
tpjkuHNwRUDVPsl03dPYh4nEPnvk

Course Fee: S\$850 per person

AMAZING THINGS HAPPEN
BETWEEN PEOPLE
WHEN THE CONVERSATION IS
GOOD



# INTRODUCTION

Leaders play a big part in productive conversations. Yet, communications, engaging staff and dealing with negative emotions continue to be common challenges for leaders today. Stress level is at an all-time high for leaders and employees alike since Covid-19 first struck us. Anger, sadness and worry are some negative emotions observed at the workplace. Aside from the rapid changes and adjustments to measures, how do we deal with these negative emotions within ourselves and our stakeholders?

Leaders need to take a step back to observe how their Voices and the Voices of their team are impacting their outcomes at work. Left unchecked, such environment will lower engagement drastically, causing a disconnect between what the organisation stands for and what is experienced by their employees and customers.

This workshop aims to help leaders and teams identify their Voices and the emotions they evoked using the SoundWave® assessment. Leaders can positively influence their teams by identifying how each other speak, what is behind their emotional triggers and how to navigate away from unproductive conversations to create a culture of transformation.

### **KEY TAKEAWAYS**

- 1. Discover how you talk and use your SoundWave® 9 voices
- Learn emotional literacy and the common myths about emotions
- Identify emotions, triggers and stresses in teams
- Discover how you can use the brilliance of your SoundWave® 9 voices
- Make choiceful decisions by deepening connection with your motivation and navigate from stress to success





#### **Who Should Attend**

- People Managers
  - Team Leads
- HR Business Partners
  - Learning & Development Practitioners
    - Coaches

#### **Couse Outline**

- Facing the common leadership challenges
- Understanding your SoundWave® Voices and its impact
- Building Emotional
   Literacy to navigate to
   a place of positive
   outcome
- Synergising the practice of Brilliance Voices and Emotional Navigation to create a culture of transformation

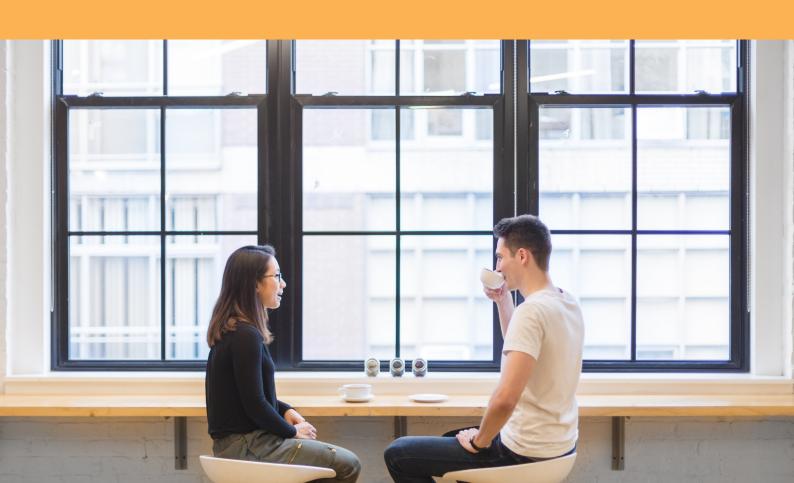
## WHAT IS SOUNDWAVE®

Backed by research,
SoundWave® measures
your Top 3 SoundWave®
Voices to determine your
preferred verbal
strategies of Ask, Tell or
Suggest. All of us possess
all the 9 SoundWave®
Voices to a greater or
lesser degree, but often
we have a preference for
some of these Voices
over others. In some
cases, some of our Voices
remain underdeveloped.



"The key to successful leadership today is influence, not authority."

Kenneth Blanchard



#### **FACILITATORS**





Irene Chia
Executive Director & OD Coach
Whitespace Management Consulting
PCC, International Coaching Federation

Irene has two decades of OD experience partnering more than 100 organisations in private and public sectors to develop leaders, teams and culture to bring positive results and transformations.

As a learning organisation practitioner, Irene addresses the attitudes, beliefs, values and systemic structures to bring out the potentials in individuals and teams, helping them thrive in evolving landscapes.

Irene is a Professional Certified Coach (PCC) credentialed by the Internationl Coaching Federation. To complement her group and one-on-one coaching, Irene uses generative conversations and psychometric assessments to anchor and draw insights for her approach. Her strength is in connecting with people and swiftly discerning the heart of the issue.





Aileen Chee
Executive Coach
ACC, International Coaching Federation

Aileen has more than 30 years of talent management and leadership development experience predominately in MNCs, a local conglomerate and SME across varied industries, in multi-cultural business environment in Singapore and the Asia Pacific region.

Specialising in leadership development design and facilitation as an internal coach, she had held regional roles in pharma, healthcare, industrial engineering, IT and software development, supply chain and professional services. She was an adjunct lecturer at NUS and local HR institution.

Aileen is an Associate Certified Coach (ACC) credentialed by the International Coaching Federation. She co-authored a book on the topic of creating a coaching culture at the workplace. Aileen uses coaching and mentoring to support the talent and high potentials to be clear of their career aspiration and help the organisation build a sustainable pool of successors for business key roles to drive business growth.

#### **TESTIMONIALS**

"Irene is a consummate and engaging Professional, with a wealth of experience in OD, Management and Facilitation. She met and exceeded our expectations on KPIs set for her. Both management and employees gave excellent feedback on OD services rendered by Irene. In addition, she is very swift and flexible in responding to customer's requirements, making her a trusted Partner of NEC.

We have no hesitation at all in recommending Irene's services to any organisation."

Daniel Ou, Director, Human Capital Development, NEC

"Irene is a methodical and thought-provoking trainer who is able to put across the message of how to harness our strengths at work as individuals and as a team. Irene is a clear and concise communicator and an excellent people developer. Companies or organizations who wish to harness the collective strengths of their people will definitely benefit from Irene's programs."

Dr Grace Ling, Co-Founder

**Eeva Medical Clinic** 

"I have been a part of Aileen's training sessions and it was so enriching and fun at the same time. Aileen's professionalism and healthy perfectionism always motivated me to do my own part of the job better. She raises the motivation of the team with her energetic and adventurous approach to solving problems. I highly recommend Aileen as a professional trainer, mentor and leader whose work in the team makes other team members strive for better results. I wish you the best!"

Manager, Xcelink Pte Ltd

"Aileen is a wonderful coach as she not only possesses a razor-sharp intellect and strong analytical skills, but also a high sense of empathy, which allows you to trust her and open up from your very first session. She brings a wealth of knowledge in regards to career development, building on her experience working in HR coaching high-performance leaders across large multinationals like GSK. I would highly recommend her to anyone who is looking to redefine their next career move, or to develop their business leadership skills."

Leona Van Looveren

